

Coronavirus - Covid-19 – Ndondomeko yo tingalondezga

KUTASYA MAUMOYO – Votingachita kujitasya ndikuchepesya kuwanda kwa kachibungu



1) Kusamba mmanja

Kawikawi kugwilisa ntchito sopo
ndi maji kwa mphindi 20



2) kujala kumlomo

ndi janja pakukosomo
pamwenga kuyethyemuwa



3) Kuleka kuko

mmaso, mphuno ndi mlomu ndi
mmanja mwambula kusamba



4) Kutalikilana mkwamba yiwi

Kuja mwakutalikiyana mkwamba
yiwi pakati pa munthu ndi mnyaki



5) Kuja kunyumba

asani nkhwamachitika titene tije
panyumba pidu

Vizindikilo:

Liwavu kufunda – mutu kuwawa - chifuwa chambula makhololo ndikupanika pakututa – thupi kuphwanya

Asani mwajikayikiya kuti mwe ndikachibungu yaka pewani kujalizgana ndanyinu kwa sabata ziwi

Wanthu wanandi aja ndi vizindikilo vimanavi waka

Wanthu wo mbala, kweniso wo we ndi nthenda zakale (nge asima, shuga, nthenda ya mtima) we pachiofhyezo chakuti angatama ukongwa

6) Pewani nkhumanu

ndikuja pamoza po pe wumba